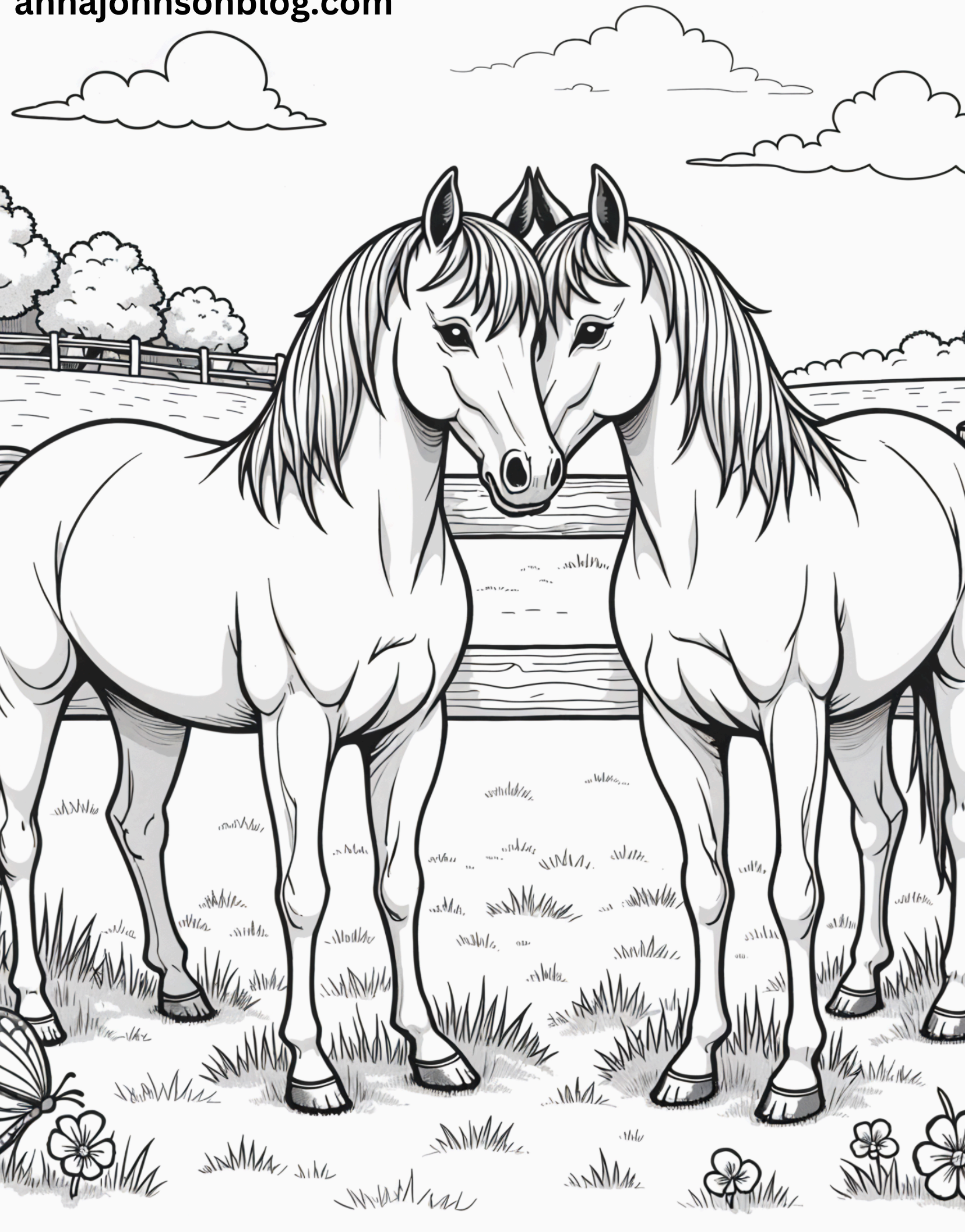annajohnsonblog.com